



RIDE Solutions — Save Gas and Money While Helping the Environment

Carilion is committed to providing a healthy environment and lifestyle for you and your coworkers, and we want to offer you ways to help you become more environmentally conscious. One way we want to help is by providing a benefit to assist with transportation needs.



- Beginning June 1, Carilion will pilot a transportation program in the Roanoke and New River Valley areas.
- The program will be managed by RIDE Solutions, a regional alternative transportation service that provides carpool matching free of charge to employees.
- RIDE Solutions also connects commuting employees to transit routes and provides information on walking, biking and other alternative transportation options.

To learn more about RIDE Solutions or to complete an application, choose *Benefits* from the left-hand menu bar on the Intranet or Employee Hub, then *RIDE Solutions* from under the *Work/Life Balance* header. You also may type www.ridesolutions.org/workplace/carilion in the address bar of your Internet browser.

Using alternatives such as carpooling, walking, biking or taking the bus is an easy way to improve our region's air quality, reduce energy consumption and relieve traffic congestion while saving gas, money and wear and tear on your vehicle.

For additional information, contact the HR Service Center via GroupWise or Internet e-mail at hrservicecenter@carilion.com or by phone at 983-3600 (33600) or 1-800-599-2537.